Get tested, St. Louis.

What are the COVID-19 symptoms?
- You have a fever over 100.4° F — or 38.0° C
- You feel like you're shivering a lot
- You have a long-lasting cough
- It's hard to breathe
- You feel tired, sore, or fatigued
- You can't smell or taste anything
- Your throat hurts
- Your head hurts
- You have a runny, stuffy nose
- You have diarrhea, feel sick to your stomach, or throw up

What you can do after your test

Stay home—save lives
- Only go out when it's necessary
- To protect yourself and others, wash your hands often with soap and water or with an alcohol-based hand rub
- Cover your mouth and nose when you cough or sneeze

Stay 6 feet apart from other people
- Staying home is the best way to not get yourself or others sick. But if you have to leave your home:
  - Avoid large crowds of more than 10 people
  - Keep 6 feet between you and everyone else

Wear a face covering (mask)
- Use a mask or fabric to cover your mouth and nose anytime you leave your house
- Face masks are sometimes required when you are:
  - Visiting businesses
  - Traveling—on public transportation or rideshare vehicles
  - At work

Source: WHO; CDC, 2020
Where can I find a doctor or provider near me?
Find a health center, doctor, or provider near your home:
- findahealthcenter.hrsa.gov/
- startherestl.org/medical.html

Where can I get trusted information about COVID-19?
- Centers for Disease Control and Prevention (CDC)
  - cdc.gov/coronavirus/2019-ncov/
- World Health Organization (WHO)
  - who.int/emergencies/diseases/novel-coronavirus-2019
- Missouri Department of Health & Senior Services (DHSS)
  - health.mo.gov
- St. Louis City Department of Health
  - stlouis-mo.gov/government/departments/health/
- St. Louis County Department of Health
  - stlcorona.com/

Need health insurance? Get help finding a plan—
Contact the Cover Missouri Coalition to:
- See if you can get financial help
- Compare health insurance plans and prices
- Find virtual and in-person help
- Sign up or re-enroll in a plan

1-800-466-3213
covermissouri.org